Adrenal C Formula

Dr. Wilson created Adrenal C Formula especially for stressful lives. Its sustained-release, antioxidant complex of buffered vitamin C, bioflavonoids, and trace minerals provides the vitamin C your stressed body needs in the form it can use best.* This is a unique vitamin C formulated specifically to support the body during stress and aid in stress recovery, and it also makes an outstanding all-around vitamin C supplement for regular use.* Adrenal C Formula is an example of how Dr. Wilson’s formulating expertise has allowed him to considerably improve on adrenal supplements that were available when he was writing his book about adrenal fatigue and stress (see a comparison).

When you are stressed, vitamin C (ascorbic acid) disappears from your blood stream at an extremely rapid rate.* This is significant because vitamin C is essential to your health.* Although it is recognized for preventing scurvy, and people commonly use it for immune support, there is a great deal of evidence that vitamin C plays an important protective role throughout the body.* Increased concentrations of vitamin C in the blood have been shown to have a positive effect on the cardiovascular system, skin, nervous system, teeth, bone density, immune function, and glands such as the thymus, adrenals and thyroid.* Scientific studies have linked vitamin C with immune system function and the health of the eyes, cardiovascular system, liver, and joints.*

Stress accelerates vitamin C depletion in all the tissues in your body, but especially your adrenal glands.* This means that whether you are having a good time in aerobics class or a bad time dealing with a hectic lifestyle, you need additional vitamin C during times of stress.* Because Adrenal C Formula is designed specifically for the stressed body and to compensate for metabolic changes that occur during adrenal fatigue and/or stress, it is the optimum vitamin C supplement to meet this increased need.* Taken as suggested, it continually regenerates antioxidant power in the glands and tissues affected by stress and adrenal fatigue, and steadily replenishes, via sustained release, the essential vitamin C rapidly used up by the adrenals during stress.*

The special way Adrenal C Formula is formulated makes it a superior vitamin C supplement for general use as well as for stressful times, and quite different from plain ascorbic acid.* For some people, it is the only vitamin C they can take because it does not upset or burn their stomach. Although almost everyone needs extra ascorbic acid, most vitamin C supplements aggravate the increased acidity many experience when stressed.* Adrenal C Formula delivers the highest amount of ascorbic acid your body can readily utilize, plus it is pH balanced to neutralize the excess acidity of the ascorbic acid. It does this, not by adding bicarbonate (the cheap way), but by using mineral ascorbates to balance the pH (the best way).* These particular mineral ascorbates, in addition to balancing the pH, also provide easy to absorb forms of the specific trace minerals (zinc, manganese, magnesium and copper) stressed people need to fully utilize vitamin C and recover from stress.* These minerals are essential for the formation of certain antioxidants inside your cells, like superoxide dismutase (SOD), that help prevent free radical damage, and free radical activity tends to increase during stress.* They also help support your adrenal glands and have a calming effect during stress.* In addition, Adrenal C Formula provides citrus bioflavonoids in the proportion that optimally enhances the effectiveness of vitamin C’s activity and helps prevent it from being destroyed in your body through oxidation.* Bioflavonoids also assist in promoting collagen and connective tissue health, are essential for the proper absorption and use of vitamin C, and help maintain
the integrity of capillaries and blood vessels.* Adrenal C Formula delivers these nutrients at a steady, sustained-release rate that minimizes loss through excretion and maximizes cell utilization so they can be evenly absorbed and used by your body as needed.

Although this unique formula was more challenging to create and expensive to produce than standard vitamin C products, the results make it worth it. Adrenal C Formula is also part of Dr. Wilson’s Program for Adrenal Fatigue & Stress and works together with Adrenal Rebuilder®, Super Adrenal Stress Formula®, and Herbal Adrenal Support Formula® to provide comprehensive support for your health when you are experiencing stress and/or adrenal fatigue.* Discover the difference for yourself using a body-friendly vitamin C that is designed to really do the job.*

Suggested Use

Take 1 caplet 3-6 times a day (1 upon rising, 1 at noon and 1 before bed; 1 additional caplet may be taken up to 3 times throughout the day, if desired). For more information see Dr. Wilson’s Program for Adrenal Fatigue & Stress, or use as directed by your healthcare practitioner.

This is a DAIRY-FREE and VEGAN product. It contains NO animal products, milk, egg, sugar, salt, wheat, gluten, nuts, yeast, corn, soy, or artificial coloring, flavoring or preservatives.